

SPRING TERM 3

JANUARY 2022 – FEBRUARY 2022



Harpsden
Pre-School

HEALTHY EATING AND MY BODY

This Term we will be looking at healthy and non-healthy foods and learning about dental hygiene as well as exploring different parts of our body and how they work.

Some activities this term will include:-

Superhero activities

Mr potato heads

Food tasting and smelling

Picnic in the woods

Talking about kindness

Oral hygiene activities

Head, shoulders knees and toes activities

Grocery Shop

Play dough haggis

All about Australia

What is Chinese New year - year of the Tiger

Chinese lantern making

Singing nursery rhymes

Phonics

Finger Gym activities

Maths Games

****Wednesday 12th January, Monday 24th January, Tuesday 8th February – will be show ‘n’ tell – please send in a photo of your child with a toy or doing an activity to talk about****

Activity ideas for home to support this terms learning:

Talk to your children whilst packing their lunch box about healthy and unhealthy foods - What are fruit and vegetables.

Whilst in the supermarket shopping you could play a game. See if they can guess correctly which foods you point out are either ‘thumbs up’ or yummy but ‘thumbs down’.

Number hunt games – see if you can find any of this terms numbers in the environment either on front doors, in shops, on menus ect..

Letter hunt game – see if you can find any of this terms letters or practice mark marking these letters using foam in the bath or in left over flour whilst baking. Sound out the letters to your child. You could also practice letter recognition of the first letter of their name. See how many things they can find in the house beginning with that letter.

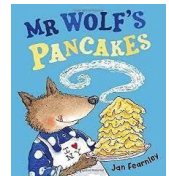
If you have the opportunity to read to your child please do so – reading is so **important** and builds a great foundation to learning in lots of areas.

Some of the books we will be reading this term:

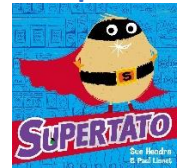
The Very Hungry Caterpillar



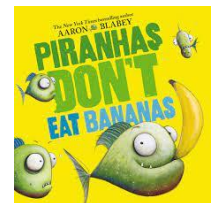
Mr Wolf's Pancakes



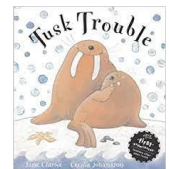
Supertato



Piranhas Don't Eat Bananas



Tusk Trouble



Special Days this Term:

18th January - Winnie the Pooh Day

25th January – Burns Night

26th January - Australia Day

31st – Friday 4th February – National Storytelling week

1st – 3rd February – Chinese New Year

14th February - Valentines Day

14th – 18th – Random Acts of Kindness Week

This Terms Colours:

Red, Yellow, Green, Blue, Purple

This Terms letters:

a, s, t, o, p

This Terms Numbers:

1, 2, 3, 4, 5